

FARM GATE NEWS

Written & Published By



MAY - JUNE 2020

A BI-MONTHLY NEWSLETTER TO INFORM AND ENTERTAIN YOU

Coping in TRAUMATIC TIMES P6

2 Great Local AUSSIE LEGENDS P3



5 ~~Big~~ MEGA Reasons

**to Order Your New
Farm Shed Right NOW!**

Beat The June 30 Deadline & Get This
EOFY Mega Shed Package That Includes
**Early Bird Bonuses... Only From Grant Sheds!*

**Hurry ...
Early Bird Bonuses End May 31**
(See Page 8 & Enclosed EOFY catalogue)
And Builders Schedules Are Filling Fast!

Ardrossan and Arthurton, Yorke Peninsula farmer, Ashley Rowe talks with Grant Sheds owner Danny Halupka about multi-generational farming and his mixed cropping and livestock operations. P4-5



Ideas to help with
FARM SHED
Solutions P7



SEE YOU AT THESE FIELD DAYS

Eyre Peninsula Field Days
AUGUST 11th, 12th, 13th

Riverland Field Days
SEPT 18th & 19th

*Pending ongoing event cancellations due to Coronavirus

What Makes Country Life So Good?



Working dog summer cool-down. Beautiful farm dog of Gabby & Anthony Combe of Crystal Brook, taken a few years ago when they invested in a Grant Sheds MEGA Machinery Shed (see their massive Machinery Shed on Page 7)

Recent Farm Visits

In our last edition we mentioned that we were about to do some country area visits during March to May. We had planned visits to the mid North, Yorke Peninsula, Kangaroo Island, between Riverland and Swan Hill and the South East region... Phew!

But the coronavirus travel restrictions hit just before any of these could occur and so all travel deemed unnecessary was prevented.

We are happy to re-organise these trips once the coronavirus situation improves but that may not be for some time yet. Let us know anyway if you'd like us to drop in and see you when the time arrives. We are happy to do that.

In the meantime, we are always pleased to take your calls and help answer any questions you have about sheds and about any concerns you have for your particular farm situation.

Our team has a wealth of experience and they're top blokes too. I know you'll find them easy to talk with.

Freecall 1800 088 528

Bushfire Victims Not Forgotten

With the sudden escalation of the Coronavirus pandemic, that really started hitting Australia in March, the media has directed its attention to the newest disaster! That's the nature of that media beast.

The media's "product" is advertising space. They sell advertising to cover their costs and make a profit. Nothing wrong with that when they also provide a community service of informing the general public of news and current affairs.

But to hold viewers or readers attention, they report mainly on the most atrocious, most dramatic or fear-mongering drama.

And the general public take in that information, expecting it to be real, honest information. For those with existing anxious personalities, the fear that the media raises can be mentally crippling. And instead of listening to the information from reliable, steady sources some take the alarmist media reports and become frozen with fear about all sorts of possible devastating outcomes that may not even be real.

When something like the devastating bushfires around the country are extinguished and a new drama like the coronavirus comes along, they are no longer interested in the aftermath and the lives hurt by the bushfires.

I also believe that many city-folk were interested in the bushfires while the drama played out and I have no doubt that a large number probably made genuine donations to that cause (it was certainly a time of Aussies helping Aussies), but the Coronavirus is now seeming like it may affect them directly and so they have also forgotten the bushfires that hit so many rural areas in the summer of 2019-20.

Rest assured those of you who are still reeling from the very real disaster of bushfires that hit your property or your district, we are still helping you out.

See our articles on page 6 of this issue "Helping You Cope In Traumatic Times" where we provide information on helping your children and also how to cope with feeling overwhelmed.

And while recent intended farm and district

visits by us got ruled out because of coronavirus travel restrictions that were announced just as we were about to head out, we are certainly able to assist you by phone. We've done this for decades and we can still help you when you're deciding what you'll do when replacing sheds.

A common circumstance is people who have lost multiple sheds in the fire, sometimes on multiple farms, but you don't want to replace them with the exact same shed that was previously there. Often some of those sheds were too small for today's farm equipment, others would like to replace multiple small sheds on multiple properties with a much bigger shed on the home farm to make it more useful for today's farm machinery and equipment or hay storage needs and centralising your storage place close to home.

We can help you through these tasks of assessing the value of the old sheds and the investment value in a new shed that will fit with your current farming needs. Just give us a call.

Freecall 1800 088 528

Field Day Cancellations

The South East and Karoonda field days, that we were to attend in March & April, were cancelled due to the coronavirus situation and we know that makes a huge hole in the bank accounts of those event associations.

We chose to donate our exhibitor fees back to them rather than seek a refund. We've been attending our country field days for decades and we did it as a sign of our appreciation for all the hard work these groups of volunteers put in each and every year.

We don't know what will happen with other field days later in the year. Like many things, that's up in the air for now, but we hope for everyone's sake that things get back on an even keel before too long.



Old Monash Playground



The most iconic memory most have of the old Monash Playground was this monster. A 45' high tower with 3 slides off it ... a figure 8 spiral slide, a 170' long, straight slide and the wide and bumpy heart-stopper on this side. Do you remember it?

On a lighter note, and one which may bring back fond memories for you, our Monash community plans to build a statue to honour my dad for the amazing playground he built here many years ago. There's more information on the next page, but here's a photo to bring back the memories for you (if you're under about 30 years old, sorry, it's before your time).

Once again, we sign off and we look forward to talking with you soon.

All the best
Ali & Danny Halupka
Owners - Grant Sheds



You Little Ripper... Grant Sheds LOCAL AUSSIE LEGENDS



Leith Larwood (above) and son Martin "Bear" Larwood (right).



Farewell to former Yorke Field Day secretary Leith Larwood

If the name Larwood sounds familiar, chances are you recognise it from field days on the Yorke Peninsula.

If the name Larwood sounds familiar, chances are you recognise it from field days on the Yorke Peninsula.

For 35 years farmer Leith Larwood served as secretary on the committee of Australia's oldest field day, organising bookings and

working out where each exhibitor would be positioned on site.

Leith passed away in February this year aged 84, but his son Martin notes field days were a major part of his father's life until 2004.

"In those years, it was growing," Martin explains. "I can remember when it was 1979, and I was only a little boy, they only had an Atco hut as an office. That was it, there was nothing else.

"They laid all the underground power and they ran water to all the buildings they were going to put there. He was there right through that era, with quite a few other blokes."

Noting his father loved the challenge, Martin says he applied the same leadership skills to farming.

Leith and his two brothers were farmers at Kadina, carrying on a farming tradition started by their parents in Snowtown prior to the depression. It's a role Martin continues today as a third-generation primary producer.

Meanwhile, as coronavirus continues to elicit fear in communities across Australia, Martin notes his father was among the many faced with a similar challenge during the infamous polio outbreak of the 1950s.

"He got polio when he was 15 and was six to nine months in the Adelaide hospital. In those days, his mum and dad could only come down about once to visit because that wasn't an easy feat."

Despite the prolonged damage to his father's leg and stomach muscles, Martin says it never deterred him from hard work.

"When they started here at Kadina, they didn't have anything. They made that grow, and he was always out the front, leading. He was always the one that was leaning forward to get it happening."



A 'Grant' shed and lean-to purchased by Leith Larwood many years ago.

Honouring Our Own Monash Legend

Here's your chance to give back to a local legend.

Flashback to your childhood in the 1960s, 70s and 80s and the famous (Old) Monash Playground. At its peak, it covered 5 acres, had 200+ pieces of equipment and attracted 300,000 visitors a year... and it was free!

It was all built from scratch, for free, by local legend, and founder of Grant Sheds, (& Ali's dad) Grant Telfer.

Sadly, the litigation era of the late 80s saw the playground close, and now, as part of the Monash Centenary year, our Monash community needs your help to raise funds to build a statue to honour his wonderful work.

Grant is now 88 and his famous "uniform" ... white overalls, bare feet and pushbike - that he wears to this day... can be immortalised with your help.

If you have fond memories of the amazing (Old) Monash Playground, please donate to help us build this statue to honour Grant and let the legacy of this true bush legend live on forever.

If you want to re-live your memories of this awesome playground, search Facebook for "Monash Playground Grant Park"

Thanks for your support.



Donations can be made via

Internet Banking: BSB: 015513 Acc: 2215 80897 Acc Name: **Monash & LG Community Statue.** Please include your Last Name & then send an email advising the date of your donation, amount & name so we can cross-match and send you a receipt.

Email: ali@grantsheds.com.au (Ali is Treasurer of our community group)

Cheque: Make payable to "Monash & Lone Gum Community Statue" Post to PO Box 29, Monash SA 5342

Go Fund Me: A page is being set up but is not ready as this edition of FGN goes to print. Call Ali if you'd like the link. **Ph: 1800 088 528**

YP Cropping & Livestock FIVE GENERATION FARM



Ashley Rowe's 12m x 27m x 5.1m Grant Sheds hay shed stores hay fodder for the family's cattle and sheep livestock operation and also protects other farm equipment when not fully utilised for hay.

With a mix of livestock and cropping, Ashley Rowe is carrying on a South Australian farming tradition that dates back five generations.

His family has been farming on the Yorke Peninsula since the 1880s, the time of original settlement. The original plot was a 600-acre parcel of land near Arthurton, but over the generations it's steadily expanded.

Ashley and his father Neville, operate the original holding and 900 acres near Ardrossan.

The farm produces wheat, barley and canola. It also runs 700 breeding ewes and about 70 head of breeding cattle in a 60/40 mix of cropping and livestock.

"It helps to keep a little mix in it," Ashley reflects. "You're not putting all your eggs in one basket to try and get all your income out of one spot."

The bulk of the crops goes to the silos at Ardrossan, while some is kept for feed.

With an average annual rainfall of 350mm per annum, the Ardrossan property lies in a picturesque spot overlooking the coast. It's a

beauty Ashley doesn't take for granted.

"It's always nice to be working with that view in the background," he says.

"Sometimes it gets a bit annoying on a nice day when you've got to be working and see people out there fishing. You think, 'I should be out there.' But I think the last time I had the boat in the water was four years ago." He explains that ...

The cool coastal breezes mean the harvest is generally consistent.

"We don't get hot winds very often so crops generally finish a bit better than some areas. But then obviously it can be bit of a nuisance come harvest time.

"At times you might not get started until one or two in the afternoon, then you have to stop by five. So it takes a while to get it done. When you get a shower of rain, you're done for a few days so you just go and do something else and wait.

"You can't change it, so you just work with it."

Meanwhile, sheep are bred on-property and shorn in February. Ashley brings in contractors for the shearing, and the wool is sold through the Australian Wool Network.

He notes the clip varies from year to year depending on a range of factors.

"There's different grades, organic matter in the wool, tensile strengths and seasonal conditions. It just depends on how it all tests up and each season's different."

All surplus lambs are placed in the feedlot, making use of on farm grain and hay and sold into various markets.

Ashley explains the selection process involves gauging the volume of wool on the lambs and looking at how well they get around.

"You're always looking at feet, they've got to be able to get around. You also look at how much wool they've got on them as a lamb, and just watch them walk around to see they're nice and structurally sound.

"The ones that are performing best, you want to keep them. The ones that are shy feeders or just a bit smaller framed, you get rid of those and keep the best each year to improve your quality.

"You want nice big fat sheep that are nourished, because the wool cuts better, weighs more and it's a brighter staple."



This 12m x 13.5m x 4.2m Cattle Feedlot cover protects feed in the trough from weather damage and creates a wind-break to protect the cattle while feeding. Ashley and his father Neville at Arthurton have one on each farm.

Stock Farmers With A FARMING TRADITION



A similar process is applied to the ewes in a bid to improve the lambing percentage.

"Every year you go through your ewes and anything that's lost a lamb or had trouble lambing is always marked and gone. So hopefully you pull your lambing percentage up and your mortality rates down.

"It's the same with the cattle. You want them to be able to get around, put on weight and milk well. You don't want to have to bring them into the yards and feed them or pull calves."

It's the freedom to make his own decisions, set his own hours and the lifestyle of farming that Ashley notes he enjoys most.

"You wouldn't be in it for the money," he reflects. "It's a lifestyle thing. If you've got something going on during the week, you can take that day off and still make it up on the weekend. You don't have to consult a boss when you're working for yourself."

He concedes that occasionally means he puts in seven days a week, however the flexibility is set to matter even more in the coming years, with Ashley and his wife Elizabeth recently welcoming a baby girl called Emma.

Over the years, Ashley and his father Neville have been loyal customers of Grant Sheds, purchasing five sheds.

He and his father have ordered identical sheds at the same time that are suited to both properties.

These include sheds for hay storage as well as sheds for sheltering the area of their feed lots and a small machinery shed.

As for working with Grant Sheds, Ashley notes it's the "ease of it" and quality that keeps him coming back.

"Nothing's too hard. If you need to change something, it's not that hard to do, and probably one of the biggest things is the builder, Steve," he says.

"He does a fantastic job."



Grant Sheds owner Danny Halupka checks out the coastal views with Ardrossan mixed crop and livestock farmer Ashley Rowe. The hay shed behind them has 3 x 9m wide bays for easy access.

Ashley & Neville Rowe have invested in 5 Grant sheds



2013.	12m x 27m x 5.1m	Hay shed #1
2013.	12m x 27m x 5.1m	Hay shed #2
2017.	12m x 13.5m x 4.2m	Beef Feedlot Feed Cover #1
2017.	12m x 13.5m x 4.2m	Beef Feedlot Feed Cover #2
2019.	9m x 30m x 3.6m	Machinery shed + leanto

*Based On Past Experience,
Didn't Even Bother To Seek Prices From Others*

Very happy with these Grant sheds. Always a pleasure dealing with the Grant team.

After the good results of our last Grant sheds I didn't even bother to check out the competition.

Any future sheds will be Grant's.

Big thank you to Steve & Rowan for building them. All done in great time and site was left very clean.

**Ashley Rowe, Kentash Park
Ardrossan & Arthurton,
Yorke Peninsula SA**



Helping You Cope In TRAUMATIC TIMES



Helping Children Affected By Bushfires & Trauma

Children are not always able to express complex feelings in the same direct way that adults do. Reactions to the trauma of the bushfires may result in changes to children's normal behaviour such as:

- Changes in their play, drawing, dreams or conversations
- Regressive behaviour –behaving younger than they normally do
- Nightmares
- Anxiety about sleeping alone
- Trouble getting to sleep
- Irritability or anger
- Fussy eating
- Withdrawing
- Wanting to stay close to a parent
- Problems concentrating at school

Children are usually very resilient and for most children these reactions will gradually reduce over time with the support of families.

How you can help your children recover

After a traumatic event, children need comfort, reassurance and support, and to know that they are safe. Try to spend more time with your children and provide them with plenty of

affection through cuddles and hugs.

Sometimes children can better express their feelings through play than through words, so make time to play with them. Let them be more dependent on you for a while and try to re-establish daily routines around mealtimes, bedtimes and school where possible.

While parents may be unbelievably busy, and coping with stress themselves, make sure both mum and dad take time to provide time and reassurance for children. The love and support of grandparents, wider family and friends is also important at this time as a support mechanism for your whole family.

Find out what your children know in case they have mistaken ideas or facts about the bushfires, and correct any misconceptions. Keep your responses appropriate to the age of your child. Young children often need reassurance more than facts.

Listen closely to your child's concerns and think about whether they are looking for factual information, or if the questions are expressing anxiety about the bushfires. Try to keep your own feelings to yourself when talking about their feelings. Let them know

that you understand how they feel.

Monitor how much your children are being exposed to media stories of the bushfires. Children can become re-traumatised by watching repeated images on the television.

Be aware of how you talk. Adults need to be conscious of the presence of children when discussing the bushfires. It is a good idea not to let children overhear adult conversations about worrying things if they cannot join in at their own age or stage of development.

And most importantly, look after yourself as it is likely that you have also experienced the bushfire trauma. When parents are feeling cared for themselves they are better able to respond to the needs of their children.

Seeking further help

While most children will bounce back after a trauma, some children may show prolonged distress and could benefit from professional assistance.

Speak to your GP about a referral to a psychologist to help yourselves and your children cope with the aftermath of stress of bushfires or any trauma.

How to Beat Overwhelm After A Traumatic Event (or any time)

Do you feel overwhelmed by the number of future farm projects you have on the go and wonder how you are ever going to get them done? Here's some advice given to us that may also be helpful to you.

Start with some blank pages in a writing pad or book. Draw 3 narrow columns on the right hand side of each of several pages. The left hand side becomes one wide column.

Name the wide column **Project/Task** and the 3 narrow columns **Ease, Impact, Total**.

1. List all your future projects (1 per page) in the first line under the headings

2. Give each project 2 scores.

- A score out of 10 for the "impact" it will have when you finish the project and
- A score out of 10 for the degree of "ease" to implement it

3. Add up the 2 scores for each project and put the answer in the "total" column.

The project with the highest score is the one you should tackle first because it will have the biggest impact on your business and be

the easiest to implement.

4. For the project you've identified as your highest priority, list each individual task or small step required to complete it.

5. Give each task 2 scores (like you did for the project).

6. Add up the 2 scores for each task and put the answer in the "total" column.

Here, you don't necessarily have to start with those that have the highest overall task scores. You may just identify some of the 'easy' tasks. Get started on those when you have a short amount of time available and you know you could get this task done quickly. Or just do it to get you started because we know that momentum creates momentum. Just get started on something relevant and useful to the overall project.

Also be aware of what you can delegate or outsource to others. You don't have to do everything yourself.

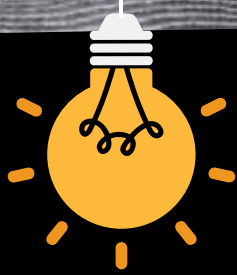
Review your lists regularly to keep yourself motivated and on track.

PROJECT/TASK	EASE	IMPACT	TOTAL
REPLACE FENCING	7	10	17
Remove Old Fencing	7	10	17
Level fence line	6	10	16
Set poles for new fencing	7	10	17
Order fence materials	7	10	17
Do our selves?	5	5	10
Use outsource contractors	7	8	15
Do first areas ourselves	6	9	15
Contractors for rest of material	8	9	17
Consider new gates	6	6	12

This can also be done on a spreadsheet, using one worksheet per project but there is real value in doing it on paper as your creative energy will flow better that way.

Part of this process is also understanding that you should "park" some of the low impact, hard to achieve projects so you can concentrate on the others.

There is huge value in parking some things. It takes a large weight off your shoulders and gives your mind some relief and opportunity to think more clearly.



Ideas

To Help You With Your

FARM SHED SOLUTIONS

Have A Look At These Beauties...

SAFE & SECURE SHED



"Happy With Everything"

9m x 18m x 3.6m fully enclosed shed, with 2x6m beams, 5 easy-roll sliding doors, 1 personal access door, 1 window & skylights

"Excellent quality shed. Could not fault the shed builders. Great service all round." **Michael Thomson, Werrimull, Vic**

This is Michael's 2nd shed from Grant Sheds. His previous one was a 12m x 18m x 5.1m open end farm shed in 2018. Naturally we're always delighted when people come back for another because they were pleased with their 1st shed from us. Thanks Michael.

MEGA MACHINERY SHED



Anthony & Gabby Combe of Crystal Brook settled on this Machinery Shed design after in-depth planning discussions with our Grant Sheds team. The shed size is a massive 21m x 48m x 6.4m. It has 4x12m wide open beams (3 on the far side and 1 on this near side) which allows a very wide drive-through bay for a tractor & air-seeder combination so there's no need to unhitch and the other wide bays allow easy storage of other large farming machinery. At the left hand end of this shed (as viewed on this photo, is enclosed to provide a workshop area and general storage space. Each of the 12m wide beam openings are covered by large, bottom-roll sliding doors for easy opening.

"Everything About Dealing With Grant Sheds Was Great."

18m x 30m x 7m Drive-through Mega shed with big open web roof trusses and strong, solid universal beam columns.

"Dealing with Grant Sheds was a great experience."

After reading all the good comments in Farm Gate News over several years, from other people who'd bought sheds from Grant's, and viewing a number of Grant Sheds videos on You Tube, I was sure it was going to be a good, strong shed and I was making the right decision.

It seems you always use the best materials and leave nothing to chance.

And it turns out that was right. I'm extremely happy with my shed and I wouldn't hesitate to build another one through Grant Sheds in the future. I would highly recommend Grant Sheds to anyone in the market for a new shed.

The shed was delivered on time and we were contacted frequently to the progress.

The builders who came out to erect our shed were great and did a fantastic job. They answered any questions I had, they put in long days, kept the area neat and tidy and got the job done.

I am extremely happy with my shed and 'Thank You' to Danny and the Team!
Stephen Allen, FS Allen & Son, Broughton (near Kaniva) Vic

SUPER-C MACHINERY SHED



"Great Shed Builders"

9m x 18m x 5.1m Hay Shed, open one side with 3x6m wide-bays

"Very pleased with the shed and the workers who built it. I recommend them to anyone needing builders... and your shed too."

**Arthur Niejalke,
HL & LA Niejalke, Kingston SE, SA**

MEGA HAY OR MACHINERY SHED



If you would like the same pleasure and peace of mind, let us help you plan your new farm shed. Phone us on

1800 088 528

5 ~~Big~~ MEGA Reasons

to Order Your New Farm Shed Right NOW!

Beat The June 30 Deadline & Get This EOFY Mega Shed Package That Includes

***Early Bird Bonuses... Only From Grant Sheds!**

BEAT THE PRICE RISE

Order Your New Shed Before June 30th 2020 TO SAVE

Early Bird Bonus

FREE BEER

for a Year!

For people who order by May 31st 2020
Conditions Apply

Red Hot Savings	Bonus Items	Order By May 31 2020	Order By June 30 2020
EOFY Bonus #1 Sheds ordered by June 30	*BEAT THE PRICE RISE You could save thousands	Postponed For Now ✓	✓
EOFY Bonus #2 For Sheds ordered by June 30, to take advantage in the 2019-20 FY	*100% Immediate Tax Deduction If used for fodder storage. Value depends on personal circumstances. Seek your own tax advice*.	✓	✓
EOFY Bonus #3 Sheds ordered by June 30	*FREE Wall iron strength upgrade to heavier roof grade. Up to \$5100.00 Value	✓	✓
+ Early Bird Bonus #4 Sheds ordered by May 31	*\$500 off delivery Up to \$500.00 Value	✓	X
+ Early Bird Bonus #5 Sheds ordered by May 31	*FREE BEER FOR A YEAR Up to \$500.00 Value	✓	X

*See the "Mega Sheds Package" catalogue included with this edition of FARM GATE NEWS for more information and farm shed ideas. Terms and conditions are included in the catalogue & from Grant Sheds.

MONTHLY HUMOUR

To go to the supermarket, they said a mask and gloves were enough. They lied ... everyone else had clothes on !!



A chemist walks into his shop to find a man leaning against the wall. "What's wrong with him?" he asks the assistant. "He came in for some cough syrup," the assistant explains, "But I couldn't find any, so I sold him a bottle of laxatives instead." "What!" the chemist says, horrified. "You can't treat a cough with laxatives!" "Of course you can" the assistant declares. "Look at him - he's far too scared to cough."

Contagious

Ok what's your sentence with the word contagious in it?

Our neighbour is painting his house with a 2 inch brush and my dad says it will take the contagious

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